**PRESENTATION SCHEDULE**

**Oral session 1 – Best oral presentation - RB LT1**

Time: 2.00
Title: Is Gender a Learned Performance or a Performance Based on Previous Sporting Experiences? A Comparative Case Study
Author: J Arroud

Time: 2.15
Title: Impact of playing level on vascular adaptation in rugby league players
Author: D Read

Time: 2.30
Title: The effect of repeated water immersions on left ventricular mass using echocardiograph
Author: C Stevenson

Time: 2.45
Title: Towards a grounded theory of retention and drop-out in youth rugby union
Author: P Sellars

Time: 3.00
Title: Narcissism, not motivational climate, predicts moral disengagement and anti-social behaviour in sport.
Author: B Jones

Time: 3.15
Title: The effects of caffeine on 1000m running performance
Author: P Hurst

**Oral session 2 – Sports Management and Sociology – RB 1.03**

Title: “They don’t look further than women to blame”: An Auto/ethnographic Study of the Perceptions of Women Amateur Golfers’
Author: S Mitchell

Time: 2.15
Title: “Unless you’re dead you keep going”: A sociological examination of pain and injury in male and female lacrosse players
Author: M Halilaj

Time: 2.30
Title: Body image in female dancers: A sociological study of their lives within and outside the dance studio.
Author: J Miller

**Oral session 3 – Biomechanics 1 – RB 2.05**

Time: 2.00
Title: The effect of mediolateral ground reaction forces on post-contact muscle activation in barefoot and shod running
Author: E Gibson

Time: 2.15
Title: A biomechanical analysis of shod and barefoot running, with respect to injury
Author: R French

Time: 2.30
Title: The effect of playing surface on front foot tibial impact force during fast bowling in cricket.
Author: B Senington

Time: 2.45
Title: The effect of 8 weeks minimalist footwear habituation on spatio-temporal gait parameters
Author: H Gravestock

Time: 3.00
Title: Does the sports bra affect thoracic rotation during running?
Author: L Judson

Time: 3.15
Title: Effects of Angle of Run Up in Relation to Lateral Flexion of the Lower Lumbar Region in Fast Bowling, Cricket.
Author: M Howells

**Oral session 4 – Psychology 1 – RB 2.01**

Time: 2.00
Title: An Exploration of the Existence and Content of Stereotypes within Male and Female Football and Rugby Union Players
Author: C Hinchliffe

Time: 2.15
Title: Analysis of team performance in the 2012 English first class cricket season.
Author: T West

Time: 2.30
Title: An Exploration of Self-presentation, its Concerns and the Influence of Gender
Author: R Senior

Time: 2.45
Title: Fundamental movement skill mastery and playtime physical activity in key stage 1 pupils.
Author: E Kusyk

**Oral session 5 – Psychology 2 – RB 2.02**

Time: 2.00
Title: Emotional reactions at junior tennis tournaments
Author: F Lewis

Time: 2.15
Title: Performance pressure adheres to specificity of learning principles and impacts response programming more than response execution.
Author: V Cassell

Time: 2.30
Title: A longitudinal examination of stress, appraisals, and coping in youth swimming
Author: F Hayward

Time: 2.45
Title: The Development of Life Skills and Resilient Coping Behaviours
Author: C Bowley

Time: 3.00
Title: Can Challenge and Threat Indices Predict Performance in Future Competition?
Author: A Wilkinson

Time: 3.15
Title: Reflections on the Work-Life Balance of a Trainee Sport Psychology Practitioner
Author: R Simmonds

**Oral session 6 – Physiology 1 – RB LT3**

Time: 2.00
Title: Effects of small-volume football and vibration training on cardiovascular health markers for sedentary women aged 20-45
Author: L Connolly

Time: 2.15
Title: The Effects of Dietary Nitrate Supplementation on Economy and Fatigue Resistance during Arm-Crank Ergometry
Title: The Influence Of Intensity On Post-exercise Hypotension
Author: S Kranen
Time: 2.30

Title: Dietary nitrate supplementation: effects on plasma nitrite and pulmonary O2 uptake during exercise in hypoxia and normoxia
Author: Z Incledon
Time: 2.45

Title: Relationship between acute and chronic vascular adaptation to aerobic and resistance exercise training in healthy young men.
Author: J Kelly
Time: 3.00

Title: The physiological cost of wearing clothing whilst exercising in the heat.
Author: L Johnson
Time: 3.15

Oral session 7 – Physiology 2 – RB LT2

Title: Muscle metabolic responses and fatigue mechanisms during moderate-, heavy- and severe-intensity cycling exercise
Author: M Black
Time: 2.00

Title: Changes in vertical and horizontal jump performance following soccer-specific exercise
Author: R Condliffe
Time: 2.15

Title: Physiological demands of elite rugby league match-play and the subsequent impact on recovery
Author: C Oxendale
Time: 2.30

Title: The Effect of Heat Acclimation on Exercise Performance
Author: B Sandhu
Time: 3.00

Title: Can Post-Activation Potentiation Increase Vertical Jump Height in Recreational Gymnasts?
Author: Ms Samantha Ellis
Time: 3.15

Oral session 8 – Best oral presentation – RB LT1

Title: An examination of the experiences of professional and recreational artistic male dancers aged 18-25
Author: E Glithero
Time: 2.00

Title: A multidisciplinary investigation of the effects of competitive state anxiety on serve kinematics in table tennis
Author: V Vuong
Time: 2.15

Title: Assessing the effects of transcranial direct current stimulation on prolonged cycling exercise performance
Author: D Pells
Time: 2.30

Title: Dietary nitrate supplementation improves pulmonary oxygen uptake kinetics, muscle oxygenation and severe exercise tolerance when cycling at a high cadence
Author: R Varnham
Time: 2.45

Title: Examining perceived group narcissism composition, intragroup conflict and group cohesion amongst sport groups
Author: B Sibson
Time: 3.00

Title: The effects of 36 hours total sleep deprivation on cognitive function and performance.
Author: B Sibson
Time: 3.15
Author: H Musgrove

Oral session 9 – Health and Medicine – RB 1.03

Time: 2.00
Title: Determinants of health and fitness parameters in 9-11 year old primary school children in Swansea.
Author: S Tuvey

Time: 2.15
Title: Does a device that allows an office-based worker to sit or stand in the workplace decrease sitting time?
Author: J Cabot

Time: 2.30
Title: Does high intensity interval exercise reverse the negative effect of high-fat feeding on glucose tolerance?
Author: T Shaw

Time: 2.45
Title: Effect of spoon size on ad libitum energy intake
Author: J Biddle

Time: 3.00
Title: The effects of hydration status on post-exercise hypotension
Author: Ms Jasmine Whitaker

Time: 3.15
Title: Identifying the prevalence and determinants of metabolically healthy obesity in male rugby players
Author: A Page

Oral session 10 – Biomechanics 2 – RB 2.05

Time: 2.00
Title: The difference in relative rotation of thorax and pelvis in the golf swing
Author: E Fullerton

Time: 2.15
Title: The effect of time of day on representations of subject-specific maximal voluntary joint torques measured on a dynamometer
Author: J Gooding

Time: 2.30
Title: Effect of rowing intensity and muscle imbalances on spinal flexion in well-trained rowers
Author: P Lyons

Time: 2.45
Title: A 3D Analysis of Golf Swing Kinematics, with a focus on Relative Shoulder and Pelvis Rotation, in different clubs
Author: P Browne

Time: 3.00
Title: The Acute Effects of a Bench Press Performed at 70% and 85% of 1-RM on Subsequent Upper-Body Explosive Performance
Author: D Harrison

Time: 3.15
Title: Training the lower extremity with minimal knee flexion: a case study of the kettlebell snatch.
Author: L O’Reilly

Oral session 11 – Psychology 3 – RB 2.01

Time: 2.00
Title: The Differences between Introverts and Extroverts in Regards to Preference of Pre-Game Speech Content and Delivery
Author: O Lambert

Time: 2.15
Title: The influence of risk taking characteristics on pacing strategy adopted by varsity rowers
Author: A Aspbury

Time: 2.30
Title: Investigating the Experiences of Female Lacrosse Players Throughout the Injury Process  
Author: H Bates  
Time: 2.45
Title: The relationship between sources of confidence and re-injury anxiety in injured athletes  
Author: A Wright-Hamilton  
Time: 3.00
Title: The Influence of Mental Toughness on Lifestyle Choices in University Students  
Author: E Stamp  

Oral session 12 – Psychology 4 – RB 2.02

Title: The self-paced VO2max test to assess maximal oxygen uptake in highly trained runners  
Author: J Hogg  
Time: 2.15
Title: Perceived importance of off-horse exercise on riding position  
Author: J Prentice  
Time: 2.30
Title: A Focus Group Study Exploring the Effects Social Media Sites have on Teenage Girls’ Participation in School P.E.  
Author: A Graham  
Time: 2.45
Title: The relationship between physical activity behaviour and personal network structure  
Author: M Sitch  
Time: 3.00
Title: Sport Psychology: Effects of Peers’ Influence and Social Support on Individual Participation in Sport and Physical Activity  
Author: D Giles  

Oral session 13 – Physiology 3 – RB LT3

Time: 2.00
Title: Investigating The Reliability of Internal and External Player Loads Elicited From Small-Sided Games in Soccer  
Author: P Keehne  
Time: 2.15
Title: The Effect Of Acute High Dose Creatine Monohydrate Supplementation on Knee Extensor Performance.  
Author: S Kilroe  
Time: 2.30
Title: The effects of CHO mouth-rinse on high intensity interval capacity in a fasted and glycogen depleted state.  
Author: A Kasper  
Time: 2.45
Title: Antibacterial mouthwash attenuates the physiological effects of chronic nitrate supplementation in humans  
Author: S McDonagh  
Time: 3.00
Title: The effect of ethnicity on the vascular responses to cold exposure of the extremities  
Author: M Maley  

Oral session 14 – Physiology 4 – RB LT2

Time: 2.00
Title: Can an acute dose of nitrate enhance the performance of recreationally active games players during simulated match play?  
Author: W Procter  
Time: 2.15
Title: The physiological, perceptual and neuromuscular responses when altering the number of turns during intermittent shuttle running.  
Author: R Ashton
Time: 2.30
Title: The effects of fatigue on tackle performance in forwards during a simulated rugby league protocol
Author: B Hodgkins

Time: 2.45
Title: Does the UCI ruling on bicycle saddle angle prevent performance advantage in a 4000m simulated time trial?
Author: O Caddy

Time: 3.00
Title: The Influence of Prior Exercise and Pacing Strategy on Cycling Performance
Author: K Brock

Time: 3.15
Title: A comparison of submaximal exercise verses aerobic intensity interval training on Post-Exercise Hypotension.
Author: B Chant

POSTER SESSIONS

Poster session 1 – Richmond Lobby – 3.30-5.00

Title: The relationship between organizational stressors, turnover intention, and resilience in sport.
Author: R Hings

Title: Relations Between Intra-team Communication and Role Ambiguity: Utilizing a Mixed-Method Approach in an Interactive Sports Team
Author: C Eacott

Title: Collective Efficacy and Decision Making in Emergency Rescue Workers
Author: G Santi

Title: Influence of dietary nitrate supplementation on intermittent exercise performance
Author: L Wylie

Title: The effects of peppermint odour on subjective mood states and physical performance
Author: W Ansell

Title: Exercise Induced Cardiac Fatigue - Temporal assessment of left ventricular diastolic filling during prolonged strenuous exercise
Author: A Alty

Title: Evaluation of talent identification methods for national teams in the sultanate of oman: Current models and future directions
Author: M AL-Busafi

Title: Electrical activity of the dorsal hippocampus CA1 determines the degree of anxiety in rats after chronic stress
Author: A Yuditskiy

Title: Is there a science behind saving penalties? A study looking into the psychological approach in a goalkeepers positioning from 12 yards
Author: A Doherty

Title: Sorting Swimmers’ Shoulders; an observational study on swimmers that presented to a shoulder surgeon.
Author: D Butler

Title: Comparison of Solid and Liquid Food Supplementation on Muscle Recovery Following Glycogen Depleting Exercise
Author: R Avery

Title: How good a predictor are linear speed tests and technical scoring drills at determining the technical level of a football player in a match situation
Author: O Rowat
Title: 100% of basketball-players of ural federal university student team have false tendons in the heart!  
Author: K Mekhdieva

Title: The variability of energy and nutrient intakes using three different dietary standardisation techniques in athletes  
Author: A El-Chab

Title: Secondary school pupils interest for sports and physical education in Albania  
Author: E Bilali

Title: Effects of Omega-3 Fatty Acid Supplementation on the Signs and Symptoms of Exercise-induced Muscle Damage  
Author: C Wilkinson

Title: Physical Education Teachers’ Perceptions of High Quality Physical Education and Physical Literacy in Welsh Medium Secondary Schools  
Author: L Edwards

Title: Dietary Nitrate Improves Cognitive Function and Exercise Performance during Prolonged Intermittent Sprint Cycling  
Author: C Thompson

Title: Effect of carbohydrate and caffeine gel ingestion on physical and cognitive performance in netball  
Author: H Peters

Title: The impact of exercise-induced muscle damage (EIMD) on subsequent performance in a soccer simulation protocol.  
Author: N Dobbin

Title: Understanding Amotivation in Physical Education Across the Transition from Primary to Secondary School.  
Author: R Jackson-Kersey

Title: The Effect of Cadence Selection on Metabolic and Neuromuscular Recovery following prolonged cycling.  
Author: A Marchant

Title: Postnatal Women’s Perceptions of Aquatic Leisure Activity: Embodiment, Discipline and Discourses of Motherhood  
Author: M R Williams

Title: Relationship between specific mechanical factors that distinguish better change of direction ability and performance in a general motor ability test.  
Author: L Hilditch

Title: Referee Decision-Making in Association Football: Assessing Key Factors for Accurate Decisions  
Author: J Miles

Title: Low dose L-Leucine supplementation has no ergogenic effect on performance-markers following exercise-induced muscle damage  
Author: C Clark

Title: Contrast Therapy: An effective recovery for female netball players from the symptoms of Exercise Induced Muscle Damage.  
Author: L Williamson

Title: An exploratory study of parental influence on psychological outcomes in Women’s Artistic Gymnastics.  
Author: L Prentice

Title: It’s “Whatever you are Gay, Straight whatever...” Stereotyped from the outside: An exploration of women footballers’ gender barriers and experiences.  
Author: B Sullivan

Title: Fire Service Instructor’s undergarments choice can minimise physiological and perceptual strain.  
Author: E Watkins

Title: A comparison of the physiological effects on rugby players of a traditional resistance-training programme and a high-intensity multi-activity resistance-training programme.  
Author: M Roger
Title: Can muscle performance in the early morning be improved by timed bright light exposure the day before?
Author: K Bowden Davies

Title: An investigation into the erogenic effects of a light and medium caffeine dose compared to water.
Author: E Hubbard

Title: β-alanine supplementation improves intermittent high-intensity performance by rugby union players
Author: H Golding

Title: The Effects of Caffeine and Amino Acid Supplementation on Resistance Exercise Performance
Author: T Glazier

Title: Maturation, player characteristics and player development in U15 junior rugby in Wales
Author: C Winn

Title: The association between ACTN3 R577X genotype and exercise-induced muscle damage
Author: B Adams

Title: A Comparison of the Perceived Physical Self-Description of Male and Female Gymnasts.
Author: C Cormack

Title: An Investigation into the Use and Awareness of Psychological Techniques among National and International Pool Players
Author: S Gibbs-Nicholls

Title: The classification of cricket playing surface firmness using impact force data.
Author: B Senington

Title: The Implementation of Green Tea Extract as a Means for Weight Loss in Judokas.
Author: D Hinchcliffe

Title: The role of group cohesion in Ultimate Frisbee
Author: A Prien

Title: The Effects of Footwear on Ground Reaction Forces in Field Hockey Players.
Author: N Davis

Title: Perceptual-motor control of walking in crowded places
Author: C Clashing O'Reilly

Title: Investigating Flow Experiences in Elite Trampolining
Author: L Cliff

Title: The Effects of Lumbar Spine Mobilisations on Knee Flexor and Knee Extensor Neuromuscular Performance
Author: J Wills

Title: An Assessment of the Effect of the New Rugby Union Engagement Laws on the Lumbar Spine Kinematics of the Hooker
Author: R Swaminathan

Title: Electromyography of the Cervical Spine during Machine and Live Scrummaging
Author: R Swaminathan

Title: The Effect of Carbohydrate Mouth Rinse on Arm Cranking Performance
Author: H Andersson

Title: Applying the transtheoretical model to physical activity behaviour in patients with bronchiectasis
Author: J Wilson

Title: How low can we go: how many days of monitoring reliably predict 7-day physical activity in patients with bronchiectasis?
Author: J Wilson
Title: Can a relaxation imagery script reduce choking effects on a tennis serving task?
Author: J Horton

Title: The effects of 6 weeks whole body vibration training on dynamic balance, stability, range of motion and muscle sequencing
Author: D Donnelly

Title: Does a resistance band exercise programme reduce fear of falling in the elderly?
Author: C Boxall

Title: The effects of CHO mouth rinse and caffeine on high intensity interval capacity in a fasted and glycogen depleted state.
Author: S Cocking

Title: Exploring the effectiveness of a mindfulness-based intervention for PA promotion
Author: E Kingston

Title: The effects of shoe sole thickness on lower limb kinematics during a back squat
Author: S Prescott

Title: Facial Asymmetry and Training Epigenetics (FATE): Molecular, hormonal and morphological indicators of fitness in older men
Author: T Chalk

Title: The influence of reflective practice on perceptions of performance.
Author: W Fuller

Title: Markers of overtraining syndrome in young elite footballers during the competitive season
Author: P Lauren

Title: The impact of a performance profiling and goal setting intervention on youth athletes' intrinsic motivation and performance.
Author: J Williams

Title: Knee joint kinematics and kinetics during a sidestep cutting manoeuvre: mechanical variability of post rehabilitated ACL and healthy limbs
Author: S Botting

Title: The Effects of Phosphatidylserine on Heart Rate Variability and Muscular Endurance
Author: C Suckling

Title: Investigation into the effects milk consumption has on body composition and metabolic adaptations to high intensity rowing performance.
Author: M Hannon

Title: Fatigue induces region-specific alterations of human gastrocnemius medialis fascicle characteristics
Author: N Thomas

Title: The validity of upper body strength and power tests for talent identification in sub-elite flat water kayakists.
Author: E Rushmere

Title: A biomechanical study of barefoot and shod running in female recreational runners with and without an incline.
Author: F Jones

Title: Effect of inter-set stretching on explosive bench press performance.
Author: A Skett

Title: Quantifying the influence of extreme environments (hot and hypoxic) on soccer specific physiological and performance capacity utilising a soccer protocol.
Author: L Beel

Title: The effects of a field-based high intensity sprint interval training protocol on measures of obesity in sedentary young adults
Author: J French

Title: Analysis of passing tactics in elite youth and adult football
Poster session 2 – Richmond Lobby – 10.30-12.00

Title: The impact of sports drinks and beetroot juice on enhancing sporting performance.
Author: S Haran

Title: Asymmetry analysis of lower extremities during drop landings from two heights.
Author: M Emberton

Title: Raising Awareness of Asperger’s Syndrome Amongst Coaches and Athletes: The Power of Virtual Support Networks
Author: N Cooper

Title: Physical activity profiles of Royal Mail postal workers
Author: J Wilson

Title: Electromyographic analysis of core musculature in elite dressage riders
Author: C Probin

Title: The role of resilience and peer influence on behaviour and coping in adolescent sport
Author: K Panteli

Title: The Effects of Cryotherapy on Nerve Conduction Velocity and Joint Position Sense in the Upper Limb
Author: H Czech

Title: Tibial Diaphyseal Shape and Activity Levels: Case Study from Ancient Sudan
Author: S Hackner

Title: The Association of Cardiorespiratory Fitness with Carotid Artery Intima-Media Thickness and the Influential Effects of Alcohol Consumption
Author: A Beaumont

Title: Hot And Hypoxic Environment Mediated Decrements In Soccer-Specific Capacity Utilising A Non-Motorised Treadmill Soccer-Specific Simulation (iSPT)
Author: J Aldous

Title: Effect of squat vs. plyometric training on 20m-sprint performance in athletes in sports requiring short sprints, following 4-week training protocols
Author: R Green

Title: Altered Temperature affects Rate of Force Development but not Leg Stiffness
Author: T Crolla

Title: Investigating the effect of music on physiological and psychological attributes of elite junior kayakers.
Author: L Barker

Title: Comparison between English and Romanian style of coaching at ages 13 to 19.
Author: B Micu

Title: The effect of exercise-induced muscle damage on golf performance.
Author: O Ersser

Title: Influence of exercise experience on self-selected work output and physiological responses during sub-maximal exercise at fixed ratings of perceived exertion
Author: S Cameron

Title: The benefits of a green exercise break for students
Author: V Gladwell

Title: The relationship between coaches’ autonomy-support and empathy in tennis. A Romanian-based study
Author: E Margarit
Title: Self paced vs. traditional maximal incremental exercise test.  
Author: L Pittock

Title: The Biomechanical and Physiological effects of Off-road Marathon Running on Gait.  
Author: H Gillard

Title: The effects of a high-intensity interval protocol and milk supplementation on critical power and performance  
Author: S Wilson

Title: An investigation into neuromuscular fatigue during a simulated tennis match: A practical perspective  
Author: M Jarosy

Title: Vitamin D and Cathelicidin Concentrations in Elite Irish Athletes  
Author: J Todd

Title: Kinematic and temporal analysis of throwing from different cricket fielding positions  
Author: P Alway

Title: Effect of ice slurry ingestion upon intermittent activity and time to exhaustion under heat stress in females  
Author: S Jackson

Title: Investigation Into the Effects of a 2-week Wingate Intervention on Physiological Determinants Encompassed Upon a Rowing Ergometer.  
Author: L Bolger

Title: The relationship between inherent ankle variability during treadmill running and adaptive movement competency  
Author: A Hickey

Title: Using back strength tests as a predictor of freestyle swimming performance in young adults  
Author: P Stone

Title: "Effects of inspiratory muscle training on physiological mechanisms and responses, involving mixed martial arts based exercises."  
Author: K Farley

Title: Does raising morning core temperature to evening levels offset the diurnal variation in measures of anaerobic cycling performance?  
Author: H Marshall

Title: The physiological demands of an elite downhill mountain bike race  
Author: C Vine

Title: Validity of Zero Heat Flux for the determination of core temperature during exercise at different ambient temperatures  
Author: K Waldock

Title: The Effect of Perceived Carbohydrate Intake on 20km Endurance Performance Cycle Time Trials  
Author: A Pearson

Title: An exploration of teacher and student experiences of the use of peer assessment in secondary physical education  
Author: Z Macpherson

Title: The effect of task difficulty on a pre-performance routine in tennis: Case study with youth international athlete  
Author: D Reeve

Title: The effects of Nitrate on twitch characteristics after severe exercise  
Author: B Gibbons

Title: The Influence of Ultra-Endurance Exercise on the Cardiovascular and Related Physiological Systems  
Author: T Dawkins

Title: A comparison between the swimming track and grab starts to 15-m  
Author: C Yaes

Title: The Effects of Dynamic and Static Stretch Protocols on Vertical Jump Performance in Gymnasts.
Author: D Buckland
Title: The effect of fatigue on neuromuscular function during a simulated tennis match
Author: Y Alelgne
Title: Aerobic and anaerobic performance capacity of Muay Thai and Mixed Martial Arts fighters before and after 14 day, 5% weight loss interventions
Author: A Philipp
Title: The effect of optic flow on cycling actual and perceived pacing
Author: D Parry
Title: The effects of bag style used on muscle activity of the trapezius, erector spinae and latissimus dorsi in female university students
Author: R Hardie
Title: Judging bias in gymnastics: Task complexity and manipulated feedback upon conformity effect.
Author: E Martin
Title: The effects of lower limb neuromuscular fatigue on step descent
Author: V Walters
Title: The effect of fatigue on accurate and powerful football kicks
Author: J Skinner
Title: Exploring Positive Physical Education in Secondary School Children aged 14-17
Author: N Stevenage
Title: Examining differences in self-efficacy beliefs: Task complexity in strength testing
Author: K Elson
Title: Can a 3 minute critical power test be used to monitor training in rowing?
Author: S Hutchings
Title: The effect of high- versus low-frequency ingestion of a maltodextrin-fructose drink during 30-km cross-country skiing
Author: B Stocks
Title: An investigation into the psychological impact of exercising in a natural environment near to water on young Brazilian females
Author: A Bet
Title: The relationship between frontal plane knee alignment during running and athletic screening tasks.
Author: S Bean
Title: Consumption of VO2 max, and testing speed endurance of new elite wrestlers of Albania in Greco-Roman wrestling, and free style
Author: Z Shehu
Title: The effect of IMT on cycling time-trial performance at ~16°C (cool) and ~26°C (hot) temperatures
Author: C Sharp
Title: Anthropometric and Somatotype Analysis of Elite Dressage and Novice Collegiate Horseback Riders
Author: D Mandolesi
Title: Psychological Benefits of Green Exercise: Investigating the Experience of Green Exercise in Ghana.
Author: S Amponsah
Title: The control of physical-technical performance of kukës team in freestyle for adult
Author: E Hasa
Title: Does caffeine have an effect within the sprint performance of field hockey players?
Author: S Tirrell
Title: Exploring development of player identity in team sports
Author: A McCarthy
Title: Test and Retest reproducibility: Validation of The ISAFA* Endurance Test for Football Players
Author: A Berreen

Title: Validity of the ISAFA* Endurance Test: Reliability in comparison to the YoYo intermittent recovery test
Author: J Butler

Title: The influence of high intensity warm up time and blood lactate concentration on subsequent 60m sprint performance

Author: T Flood

Title: Investigating the experience of football referees
Author: C Dell

Title: Impact of HIIT (High Intensity Interval Training) and/or Selenium Supplementation (Se) on Oxidative Stress and Anti-Oxidant Status in Active Females
Author: K Keane
## PROGRAMME

### Day 1: 8th April 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10-12</td>
<td>Registration (Richmond Lobby)</td>
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<tr>
<td>11.30-12.15</td>
<td>Richmond lecture theatre  Professor Galbraith, Vice Chancellor of the University of Portsmouth</td>
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<td>Professor Ian Campbell, Chair of BASES</td>
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<td>Nigel Walker, National Director of the English Institute of Sport</td>
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<td></td>
<td>Welcome Address</td>
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<tr>
<td>12.15-1.00</td>
<td>Lunch and Trade Exhibition (Richmond Lobby)</td>
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<tr>
<td>1.00-2.00</td>
<td>Oral session 1 Best Oral Presentation Chairs: Chris Wagstaff, Chris Mills &amp; Mitch Lomax (RB LT1, Richmond Building)</td>
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<tr>
<td></td>
<td>Oral session 2 Sports Management and Sociology Chair: Samantha Meredith (RB 1.03, Richmond Building)</td>
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<tr>
<td></td>
<td>Oral session 3 Biomechanics 1 Chair: Alex Milligan (RB 2.05, Richmond Building)</td>
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<td></td>
<td>Oral session 4 Psychology 1 Chair: Neil Weston (RB 2.01, Richmond Building)</td>
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<td></td>
<td>Oral session 5 Psychology 2 Chair: Richard Thelwell (RB 2.02, Richmond Building)</td>
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<td></td>
<td>Oral session 6 Physiology 1 Chair: Heather Lunt (RB LT3, lecture theatre 3, Richmond Building)</td>
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<td></td>
<td>Oral session 7 Physiology 2 Chair: Clare Eglin (RB LT2, Richmond Building)</td>
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<tr>
<td>2.00-3.30</td>
<td>Workshop 1 Sports Psychology (Psychology lab SB2.06, Spinnaker Building)</td>
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<td></td>
<td>Workshop 2 Biomechanics (Biomechanics lab, SB0.05, Spinnaker Building)</td>
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<td>Workshop 3 The WL Gore Environmental physiology workshop (Environmental lab, SB0.02, Spinnaker Building)</td>
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<td>Workshop 4 BACPR (Brit Assoc Cardiovascular Prevention and Rehabilitation (RB 2.02, Richmond Building)</td>
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<td></td>
<td>Workshop 5 EIS Applied Practitioner Q&amp;A (RB LT2, lecture theatre 2, Richmond Building)</td>
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<td>Workshop 6 BASES accreditation (RB 2.05, Richmond Building)</td>
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<td></td>
<td>Workshop 7 UK Anti-doping: The fight against doping in sport (RB 2.01, Richmond Building)</td>
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<tr>
<td>3.30-5.00</td>
<td>Poster Presentations and Coffee (Richmond Lobby)</td>
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<tr>
<td>5.15-6.00</td>
<td>Conference Dinner Speaker: Professor Mike Tipton 'The Appliance of Science' At the Conference Dinner (Fratton Park)</td>
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<td>7.00</td>
<td>Conference Dinner</td>
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<tr>
<td>8.30-10.00</td>
<td>Registration (Richmond Lobby)</td>
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<tr>
<td>9.30-10.15</td>
<td>Workshop 8: Sports Psychology (Psychology lab SB2.06, Spinnaker Building)</td>
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<tr>
<td>9.30-10.15</td>
<td>Workshop 9: Biomechanics (Biomechanics lab, SB0.05, Spinnaker Building)</td>
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<tr>
<td>9.30-10.15</td>
<td>Workshop 10: The WL Gore Environmental physiology workshop (Environmental lab, SB0.02, Spinnaker Building)</td>
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<tr>
<td>9.30-10.15</td>
<td>Workshop 11: BACPR (Brit Assoc Cardiovascular Prevention and Rehabilitation (RB 2.02 Richmond Building)</td>
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<tr>
<td>9.30-10.15</td>
<td>Workshop 12: Wright Foundation - GP referral for exercise prescription (RB LT2, lecture theatre 2, Richmond Building)</td>
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<tr>
<td>9.30-10.15</td>
<td>Workshop 13: BASES accreditation (RB 2.05, Richmond Building)</td>
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<tr>
<td>9.30-10.15</td>
<td>Workshop 14: Reviewing for academic journals (RB 2.01, Richmond Building)</td>
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<tr>
<td>10.30-12.00</td>
<td>Poster Presentations and Coffee (Richmond Lobby)</td>
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<tr>
<td>12.00-1.00</td>
<td>Richmond lecture theatre: KEYNOTE: Dr Katherine Grainger, CBE</td>
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<td>Four times Olympic medal rower</td>
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<td>‘The Team behind Olympic Athletes’</td>
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<tr>
<td>1.00-2.00</td>
<td>Lunch and Trade Exhibition (Richmond Lobby)</td>
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<tr>
<td>2.00-3.30</td>
<td>Oral session 8: Best Oral Presentation Chairs: Chris Wagstaff &amp; Chris Mills (RB LT1, Richmond Building)</td>
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<tr>
<td>2.00-3.30</td>
<td>Oral session 9: Health and Medicine Chair: Andrew Scott (RB 1.03, Richmond Building)</td>
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<tr>
<td>2.00-3.30</td>
<td>Oral session 10: Biomechanics 2 Chair: Debbie Risius (RB 2.05, Richmond Building)</td>
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<tr>
<td>2.00-3.30</td>
<td>Oral session 11: Psychology 3 Chair: Rebecca Larner (RB 2.01, Richmond Building)</td>
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<tr>
<td>2.00-3.30</td>
<td>Oral session 12: Psychology 4 Chair: Richard Thelwell (RB 2.02, Richmond Building)</td>
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<tr>
<td>2.00-3.30</td>
<td>Oral session 13: Physiology 3 Chair: Gemma Milligan (RB LT3, lecture theatre 3, Richmond Building)</td>
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<tr>
<td>2.00-3.30</td>
<td>Oral session 14: Physiology 4 Chair: Mitch Lomax (RB LT2, Richmond Building)</td>
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<tr>
<td>3.30-4.00</td>
<td>Coffee (Richmond Lobby)</td>
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<tr>
<td>4.00-5.00</td>
<td>Richmond lecture theatre: KEYNOTE: Chris Neville</td>
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<td>Conditioning Coach for the England Men’s Senior Football Squad and Head of Sports Science for Blackburn Rovers FC</td>
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<td>‘Support in Elite Football : Experiences from an ever changing environment’</td>
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<tr>
<td>5.00-5.30</td>
<td>Announcement of awards and close (Richmond lecture theatre)</td>
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